## Adding a decade to life expectancy

75%

## AI transformation in well-being

## Today,

AI is already helping us live healthier lives despite limited awareness of its use and role in personal well-being devices.

48%

already use AI in Health & Fitness apps

62%

of people are unaware AI is used in Health & Fitness apps

In the future, with the appropriate safeguards, AI can analyze data from wearable devices to detect disease and enable interventions.

helping us live longer.

-25% \$16bn

healthcare costs can be achieved with AI

predicted size of the fitness app market with AI technology

+10<sub>yrs</sub>

are predicted to be added to human lifespan in a decade

